

SPECIAL NEEDS



The City of Lake Forest in conjunction with Us Too Gymnastics is excited to be able to offer recreation programs for children with special needs.

Us Too Gymnastics for Kids with Special Needs

Our Gymnastics class is specifically designed for children and teens with special needs (Autism, Down Syndrome, etc.) your child will learn basic gymnastics, while working on social behaviors and talking turns, but most of all they will have fun. The ratio for our class is 3-5 students with 2 instructors. Call to set up a free trial and get your child signed up. Make sure to mention the city to get our special price for Lake Forest residents. This class also includes **free open play** for anyone signed up in our gymnastics program. Open play is every Thursday from 1-2pm. Enrollment allows for four 45-minute classes, please call to set up individual dates and times.

Instructors: Us Too Center Staff

Fee: \$75 per month – Resident
\$80 per month – Non-Resident

Location: Us Too Gymnastics (25 Spectrum Pointe Dr #405)

To Register: Mail In, Walk-In. On-line registration is not available for this program.

For more info call: The City of Lake Forest at 461-3450

Act#: 3732 3-19 yrs On-going Mon-Sat varies

What Is "TOPSoccer"?



TOPSoccer, The Outreach Program for Soccer, is a community-based soccer program for young athletes with physical and mental disabilities.

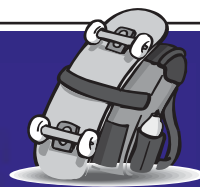
- ⚽ TOPSoccer provides a safe and fun environment for athletes with special needs to participate in organized sports.
- ⚽ Athletes between ages 4 and 30 compete in the program, which emphasizes development, training, and meaningful participation rather than competition. It's ALL about FUN!
- ⚽ Thousands of young athletes with disabilities become valued and successful members of Cal South.
- ⚽ TOPSoccer is currently being offered by Laguna Niguel Youth Soccer Association.

For more info, please contact:

Rick Trevers: Laguna Niguel Youth Soccer Association
Rick.Trevers@LNYSO.org

Sandy Castillo: scastillo@calsouth.com or visit calsouth.com/topsoccer

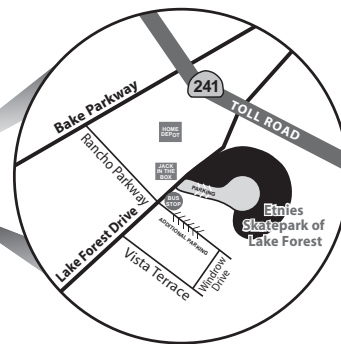
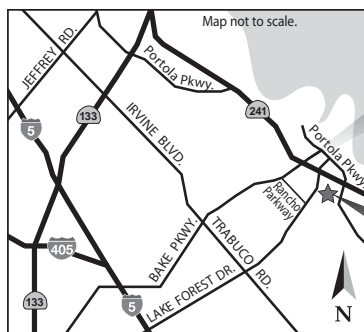
ETNIES SKATEPARK OF LAKE FOREST



Voted "Best Skatepark 2013" – *Best of OCRegister*
" #1 Family Friendly Reader's Choice 2013"
Award from *ParentingOC Magazine*



Etnies Skatepark
of Lake Forest
20028 Lake Forest Drive
Lake Forest, CA 92630



Come visit Lake Forest's own award winning, world class skateboard facility. At over 62,000 square feet, the Skatepark is a destination spot for skateboarders around the world. The Park is open to the public 7 days a week, including most holidays.

Park Entry Fee: Free to ride. Non Residents of Lake Forest must pay a nominal fee of \$5 for the printing of their ID card. Sessions are still free thanks to the City of Lake Forest.

Location: 20028 Lake Forest Dr.

Phone: 916-5870

In the case of inclement weather, please call ahead to see if the Park is open.

Make sure to visit the Skatepark on the web at www.EtniesSkatepark.com. Also follow us on Facebook and Twitter for up-to-date news and weather conditions. The website features interactive tours of the park, links to the Skatepark Twitter and Facebook, photos and videos of recent events, and a collection of history and information about the Skatepark. It is updated weekly with new content so stop by and check it out!

Skate Sessions

Monday-Thursday... 11 am-9 pm
Friday..... 11 am-10 pm
Saturday..... 10 am-10 pm
Sunday..... 10 am-9 pm

The Park will be closed on Thursday, November 28 for the Thanksgiving Holiday.